



# STANDING GUARD

What have we learned from the enhanced Forward Presence on NATO's Frontier?

WEDNESDAY, FEBRUARY 24  
11:00 A.M TO 12:30 P.M ET

## EVENT PROGRAM

*Please note that all times are approximate and subject to change*

### PANEL 1: HOST NATIONS (LATVIA, ESTONIA, LITHUANIA & POLAND) - 11:00 AM EST / 5:00 PM CET

Welcome and introduction by **Christian Leuprecht**, *Munk Senior Fellow, MLI*

Opening remarks by **LGen Frances Allen** (moderator), *Joint Delegation of Canada to NATO*

Panel discussion featuring:

- **Toms Rostoks**, *Senior researcher, Center for Security and Strategic Research, National Defence Academy of Latvia, and Associate Professor, University of Latvia*
- **Martin Hurt**, *Research Fellow at International Centre for Defence and Security, Former Estonia Ministry of Defence Official*
- **Margarita Šešelgytė**, *Associate Professor, Institute of International Relations and Political Science, Vilnius University*
- **Piotr Szymański**, *Research Fellow, Centre for Eastern Studies*

### PANEL 2: FRAMEWORK NATIONS (GERMANY, UNITED KINGDOM & CANADA) - 11:50 AM EST / 5:50 PM CET

Panel discussion featuring:

- **Col. Nikolaus Carstens**, *German Army*
- **Robert Clark**, *Research Fellow, Henry Jackson Society*
- **Alexander Lanoszka**, *Assistant Professor of International Relations, University of Waterloo*

Concluding remarks from **Alexander Moens**, *Professor, Simon Fraser University, and Senior Fellow, MLI*



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Center for Security and Strategic Research,  
National Defence Academy of Latvia

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## PARTICIPANT BIOS

*All participants are listed in order of appearance in the program*

### **LGen Frances Allen (moderator)**

*Joint Delegation of Canada to NATO*



Lieutenant-General Frances Allen enrolled in the Canadian Armed Forces in 1983. After graduation from Queen's University in 1987 with an Honours Degree in Statistics, Lieutenant-General Allen completed her CELE Air training in 1988. Following CELE training, her early operational postings were to 764 Communications Squadron, the Canadian Forces School of Communications and Electronics in Kingston, Canadian Forces Station Carp and 76 Communications Group.

Lieutenant-General Allen has commanded at multiple levels throughout her career including Officer Commanding the National Systems Management Centre in Ottawa, at the Aerospace and Telecommunications Engineering Support Squadron in Trenton as well as the Canadian Forces Network Operations Centre and the Canadian Forces Information Operations Group.

Staff appointments have included the Operations Officer for the Information Protection Centre, Executive Assistant to the Vice-Chief of the Defence Staff, Director Support Operations in the Strategic Joint Staff. On promotion in 2014 to Brigadier-General, she assumed the post of Director General Defence Security at NDHQ. Lieutenant-General Allen also served as Director General Cyberspace, Director General Information Management Operations at NDHQ and Joint Force Cyber Component Commander. She was appointed Deputy Vice Chief of the Defence Staff after being promoted to Major-General in June 2018. She was promoted to the rank of Lieutenant-General in July 2020.

Since July 2020, Lieutenant-General Allen was appointed to serve as Military Representative of Canada to the NATO Military Committee in Brussels, Belgium.

Lieutenant-General Allen is a graduate of Queen's University, the Canadian Forces Command and Staff College and Canadian Forces College National Security Program. She holds a Masters' Degree in Defence Studies from the Royal Military College and has been invested as a Commander of the Order of Military Merit

## Christian Leuprecht

*Munk Senior Fellow, Macdonald-Laurier Institute*



Christian Leuprecht (Ph.D, Queen's) is Class of 1965 Professor in Leadership, Department of Political Science and Economics, Royal Military College, Director of the Institute of Intergovernmental Relations, School of Policy Studies, Queen's University, Fulbright Research Chair in Canada-US Relations at the School for Advanced International Studies at Johns Hopkins University in Washington, DC and a former Eisenhower Fellow at the NATO Defence College in Rome. He is Adjunct Research Professor, Australian Graduate School of Policing and Security, Charles Sturt University as well as the Centre for Crime Policy and Research, Flinders University.

A recipient of RMC's Cowan Prize for Excellence in Research and an elected member of the College of New Scholars of the Royal Society of Canada, he is also Munk Senior Fellow in Security and Defence at the Macdonald Laurier Institute. An expert in security and defence, political demography, and comparative federalism and multilevel governance, he has held visiting positions in North America, Europe, and Australia, and is regularly called as an expert witness to testify before committees of Parliament. He holds appointments to the Ontario Research Fund Advisory Board, the board of the German Institute for Defence and Strategic Studies, the Police Services Board of the City of Kingston, and the Polar Research & Policy Initiative.

His publications have appeared in English, German, French, and Spanish and include over a dozen books and scores of articles that have appeared, inter alia, in the *Florida State University Law Review* (2019), *Electoral Studies* (2016), *Government Information Quarterly* (2016), *Armed Forces and Society* (2015), *Global Crime* (2015, 2013), the *Canadian Foreign Policy Journal* (2014, Maureen Molot Prize for Best Article), *Canadian Public Administration* (2014), the *Canadian Journal of Political Science* (2012, 2003), *Regional and Federal Studies* (2012), and *Terrorism and Political Violence* (2019, 2018, 2017, 2011). His editorials appear regularly across Canada's national newspapers and he is a frequent commentator in domestic and international media.

## PANEL 1: HOST NATIONS (LATVIA, ESTONIA AND POLAND)

### **Toms Rostoks (Latvia)**

*Senior Researcher, Center for Security and Strategic Research at National Defence Academy of Latvia  
Associate Professor, University of Latvia*



Toms Rostoks is a senior researcher at the Centre for Security and Strategic Studies at the Latvian National Defence Academy. He also holds the position of associate professor in international relations at the Department of Political Science, University of Latvia. Toms Rostoks has written a number of articles and book chapters on deterrence, state intentions, Latvia's foreign and security policy, Latvian-Russian relations, human security, and foreign policy of small states. His current research interests include deterrence, state intentions, Latvia's decisions regarding conscription vs all-volunteer force, and the relationship between public opinion and foreign policy.

### **Martin Hurt (Estonia)**

*Research Fellow at International Centre for Defence and Security, Former Estonia Ministry of Defence Official*



Martin Hurt, a former Estonian Ministry of Defence official, joined ICDS in September 2019.

His areas of research include developments in NATO and the EU, as well as national security and defence related topics in the Nordic-Baltic region.

He has worked as Defence Counsellor to the Permanent Representation of the Republic of Estonia to NATO (2016-2019), at ICDS as a Research Fellow and Deputy Director (2010-2016) and at the Estonian Ministry of Defence on various positions: as Undersecretary for Defence Investments/National Armaments Director (2005-2010), as Undersecretary for Defence Planning (2004-2005) and (Deputy) Director of the Defence Policy and Planning Department (2002-2004). From 1998 to 2000 he served as an adviser of the Swedish Armed Forces to the Republic of Estonia; first in the Ministry of Defence, Defence Policy and Planning Department, and later in the Headquarters of the Estonian Defence Forces, J5/8. From 1995 to 1998 he worked in the Headquarters of the Swedish Armed Forces Land Forces directorate as a desk officer with budgeting and financial reporting.

Martin Hurt holds an M.A. in Social Sciences from the Estonian Business School and a BBA from Stockholm University.

### **Dr. Margarita Šešelgytė (Lithuania)**

*Associate Professor, Institute of International Relations and Political Science, Vilnius University*



Dr. Margarita Šešelgytė is the Director of the Institute of International Relations and Political Science, Vilnius University. Her main research interests include security and defence studies, strategic cultures, small states studies, European Union Security and Defence Policy, European Union Eastern Partnership Policy, regional security cooperation. Margarita Šešelgytė for a number of years was a Studies Director of the same Institute, she has also worked for Baltic Defence College (Tartu, Estonia), Lithuanian Military Academy, had several civil servant positions at the governmental institutions of the Republic of Lithuania. She has a PhD in Political Science from Vilnius University.

## **Piotr Szymański (Poland)**

*Research Fellow, Centre for Eastern Studies*



Piotr Szymański is a research fellow in the Regional Security Programme at the Centre for Eastern Studies (OSW) in Warsaw, Poland. He joined OSW team in 2015 and since then focuses mainly on security and defence policies of the Baltic and Nordic states as well as military cooperation in the region.

Educated at the Institute of International Relations at the University of Warsaw (Security and Strategic Studies). During 2017-2019, he participated in a research project The Sense of Mission in Russian Foreign Policy (Poland's National Science Centre).

Author of OSW studies and reports: *New ideas for total defence. Comprehensive security in Finland and Estonia (2020)*, *With Russia right across the border. Finland's security policy (2018)*, *The multi-speed Baltic States. Reinforcing the defence capabilities of Lithuania, Latvia and Estonia (2017)* and *Between co-operation and membership. Sweden and Finland's relations with NATO (2017)*.

## **PANEL 2: FRAMEWORK NATIONS (GERMANY, UK & CANADA)**

### **Col. Nikolaus Carstens (Germany)**

*German Army*



Colonel (GS) Nikolaus Carstens' current role is Chief Central Objective Management / Strategic Communication with the Army Command in Strausberg.

During his time as the Chief Plans in the Operation Department in the Army Command, Col. Nikolaus was the responsible officer to set up the German enhanced Forward Presence (eFP) Battlegroup in Lithuania. In the following assignment in the DEU Military Representation in the NATO HQ in Brussels, he closely followed all eFP issues at the strategic level. Currently, he is responsible for the strategic communication for the Chief of the German Army. He is still actively engaged in following eFP issues very closely.

In 2018, Col. Nikolaus was awarded with the Lithuanian Armed Forces Medal of Distinction for his significant efforts in facilitating Germany's framework nation role for NATO eFP Battlegroup in Lithuania.

Col. Nikolaus holds a Master of Political Science from the University of the Armed Forces in Munich. In addition, he holds a Master of Military Arts and Science from the US Army Command and General Staff College in Fort Leavenworth.

### **Robert Clark (UK)**

*Research Fellow, Henry Jackson Society*



Robert completed a BA in International Relations and Arabic (First Class Honours) at Nottingham Trent University, and an MA in International Conflict Studies (Distinction) at King's College London.

Robert's main research interests include emerging technologies within defence, alliance building and the trans-Atlantic partnership, and authoritarian threats to the global order. Robert's most recent publications include for the NATO Defence College and *Civitas*. He has regularly submitted evidence for both the Defence and Foreign Affairs Select Committees and is a regular contributor for the *UK Defence Journal*, in addition to writing for *The Telegraph*, *CapX*, and *The Wavell Room*.

Robert served for nine years in the British Army, serving in Iraq and Afghanistan

## Dr. Alexander Lanoszka (Canada)

Assistant Professor of International Relations, University of Waterloo



Dr. Alexander Lanoszka is an Assistant Professor of International Relations at the University of Waterloo. His research agenda encompasses international security, alliance politics, and theories of war, with special focus on Central and Northeastern Europe. He sits on the editorial board of the journal *Contemporary Security Policy* and is an Honorary Fellow at City, University of London, where he previously taught prior to coming to Waterloo. He held fellowships at the Massachusetts Institute of Technology and Dartmouth College upon finishing his PhD at Princeton University.

He has published articles in such journals as *International Security*, *International Affairs*, *Security Studies*, and *The Nonproliferation Review*. His book *Atomic Assurance: The Alliance Politics of Nuclear Proliferation* (with Cornell University Press) examines how alliances can best deter, and reverse, efforts at nuclear proliferation by states that receive security guarantors from the United States. He also has a Strategic Studies Institute monograph (co-authored with Michael A. Hunzeker) that focuses on how the U.S. Army can contribute to the defence of the Baltic region against external aggression. His research has taken him around the world to conduct interviews and to collect archival materials

## EVENT WRAP-UP

### Alexander Moens

Department Chair and Professor of Political Science, Simon Fraser University, Senior Fellow, Macdonald-Laurier Institute



Alexander Moens is Professor and the Chair of Political Science at Simon Fraser University in Vancouver, and a Senior Fellow at the Macdonald-Laurier Institute. He teaches American Foreign Policy and the Political and Security Relations between Europe and North America. He was the Eisenhower Fellow at the NATO Defense College in Rome in 2015. In 1992, Moens served in the Policy Planning Staff of Canada's Foreign Affairs Department and in the spring of 1999, he was a visiting fellow at the National Defense University in Washington, D.C.

Moens is the co-editor (with Brooke Smith-Windsor) of *NATO and Asia Pacific* (NDC, Rome, 2016), co-editor of *Immigration Policy and the Terrorist Threat in Canada and the United States* (2008). Moens is author of *The Foreign Policy of George W. Bush: Values, Strategy, Loyalty* (2004), and *Foreign Policy Under Carter* (1990) as well as co-editor of *Disconcerted Europe: The Search for a New Security Architecture* (1994) and *NATO and European Security: Alliance Politics from the Cold War's End to the Age of Terrorism* (2003)



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